

 **MEDICALTRAVELSHOP**  
"DMC"

# Breast Aesthetics

 **ESTETIK**  
INTERNATIONAL



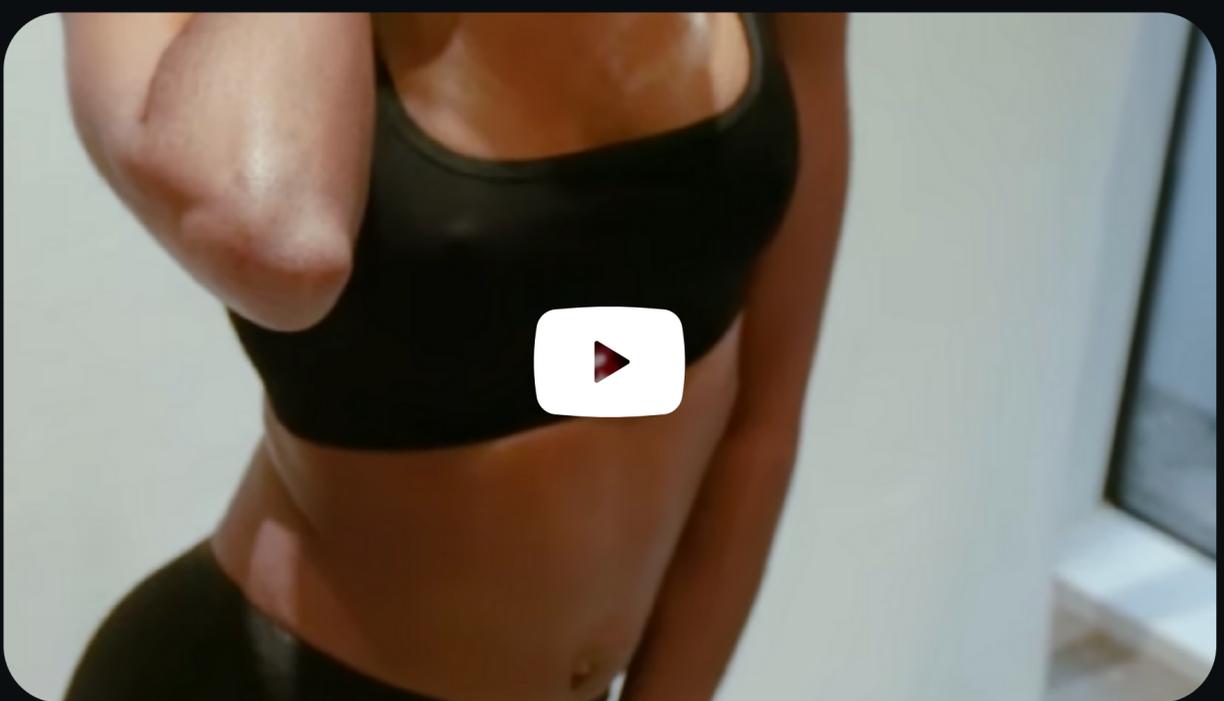
**BREAST**



# Experience Videos



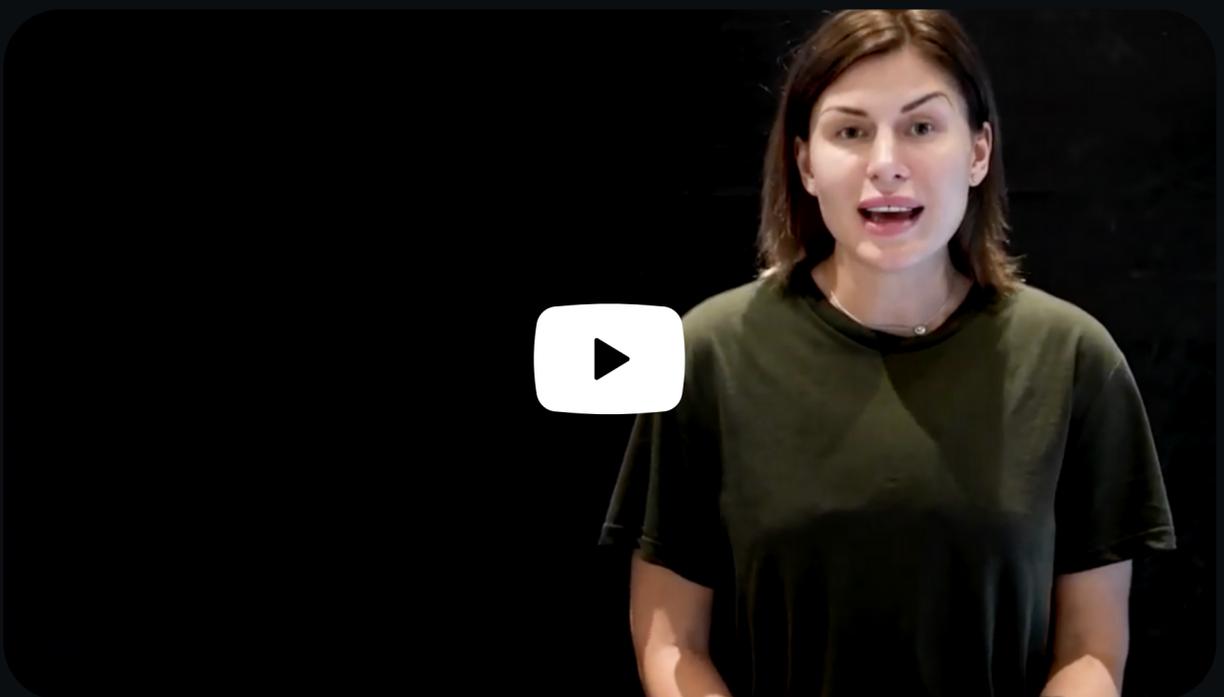
**Boyana's Experience | Breast Surgery**



**Shanice's Experience | Augmentation**



**Dilek's Experience | Breast Implant**



**Yuliya's Experience | Augmentation**



## **What is Mammoplasty (Breast Aesthetic) ?**

Breast surgery refers to surgical procedures that alter the **size, shape, or appearance of the breasts.**

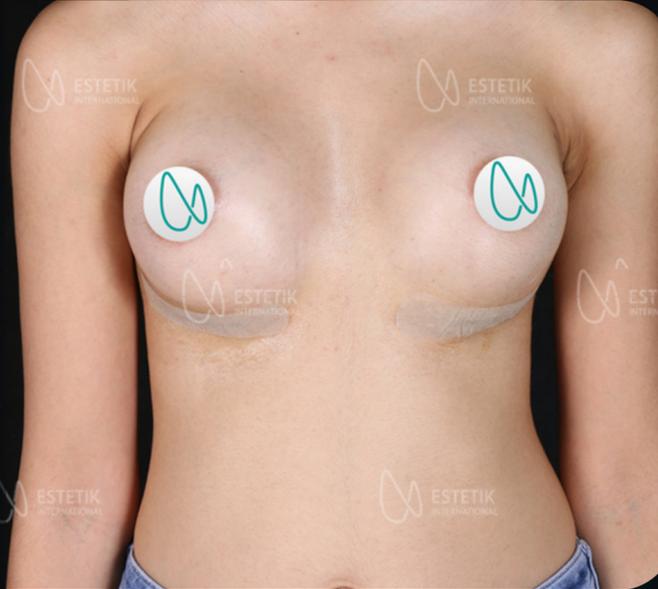
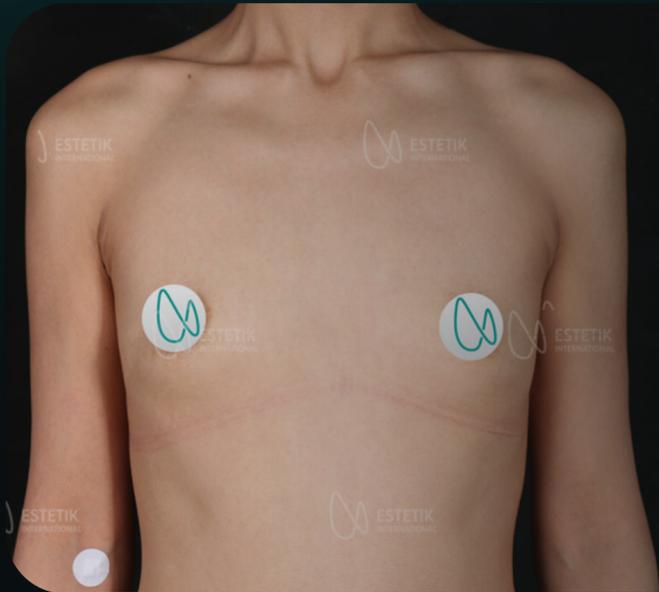
Breast surgeries typically involves one of this procedures:

**Breast Augmentation:** This procedure involves the insertion of implants or fat transfer to increase the size and volume of the breasts.

**Breast Reduction:** This procedure involves removing excess breast tissue and skin to reduce the size and weight of the breasts and to lift the areola.

**Breast Lifting:** This procedure involves removing excess skin and reshaping the breast tissue to lift and firm the breasts.

# Our Cases



## Why do you need Breast Aesthetics ?

Breast surgery procedures can help individuals achieve a more confident and comfortable body image.

It is important to discuss all aspects of the procedure with a **qualified and experienced surgeon** and carefully weigh the potential benefits and drawbacks before deciding whether to proceed.



## Frequently Asked Questions

### How is breast lifting performed?

Breast lifting is typically performed under general anesthesia. The surgeon makes incisions around the areola and may also make vertical or horizontal incisions on the breast to remove excess skin and reshape the breast tissue.

### What is done in reduction surgery?

During breast reduction surgery, the internal glands and fat tissues are reduced, excess skin is removed and, if necessary, the enlarged nipple is reduced in diameter and lifted.



### How about the breast scar?

In breast augmentation operations, we often make incisions under the breast, hiding in the fold line. The implant to be used is placed under the breast from this area. The size of the incision is about 3-4,5 cm, and the scar gradually fades and becomes obscure.

### Who can undergo breast augmentation operation?

- People who are not pleased with the size of their breasts
- People who experience loss of filling and form in their breasts
- People with symmetry problems in their breasts
- People who suffer from self-confidence issues due to the size of their breasts
- People who had lost one or both of their breasts due to different diseases



# Breast Augmentation

**Anesthesia**  
General

**Operation**  
1 Hour

**Social Life**  
1 Week

**Recovery**  
15 Days

**Hospital Stay**  
1 Night

**Exercise**  
3 Months

**Corset**  
3-4 Weeks

# Breast Reduction

**Anesthesia**  
General

**Operation**  
2-3 Hours

**Social Life**  
2 Weeks

**Recovery**  
15 Days

**Hospital Stay**  
1 Night

**Exercise**  
3 Months

**Corset**  
2 Months

# Breast Lifting

**Anesthesia**  
General

**Operation**  
2 Hours

**Social Life**  
2 Weeks

**Recovery**  
12 Days

**Hospital Stay**  
1 Night

**Exercise**  
3 Months

**Corset**  
2 Months

**For all breast operations;**  
Do not smoke or consume alcohol 15 days before and after the operation.  
We only serve our patients over 18.



**A breast surgery examination planning typically involves the following steps:**

**1 Consultation**

**2 Medical History**

**3 Diagnostic Tests**

**4 Pre-Surgical Preparations**