



MEDICAL TRAVELSHOP

“DMC”

DENTISTRY

Aesthetics & Treatments

**Our teeth reflect our smile, and our
smile reflects our energy!**





Why Ideal Smile Design Is Important?

In addition to their main functions (chewing, speaking, etc.), our teeth also greatly affect our self-confidence in society in terms of aesthetics. Our smile is a very important factor when it comes to social life and communication. Color and shape disorders are important enough to cause psychological disorders. Research has shown that an individual who is confident in his smile is much happier and more successful in his social, business and daily life than other individuals. Our teeth reflect our smile, and our smile reflects our energy. A beautiful smile means increasing personal self-confidence. There is a branch of science in dentistry that deals with this, which is called 'aesthetic dentistry'.

HOLLYWOOD SMILE

What is Hollywood Smile?

The process of covering one's own teeth with porcelain veneer in order to have a more aesthetic and beautiful appearance is called Hollywood smile. Inspired by Hollywood celebrities, this type of treatment is based on dental aesthetics.



How to Make a Hollywood Smile?

We can say that the Hollywood smile design is completed in several different stages. First of all, the patient needs to be examined and his needs for an aesthetic smile should be determined; if there is existing tooth decay or gum disease, it needs to be treated; if there is a missing tooth problem, implant is applied. Hollywood Smile might include veneers, implant treatments, root canal treatments, fillings even tooth extraction.

As part of the veneer application, the tooth surfaces may need to be slightly grind down. Then, veneers are applied to the front parts of the teeth, resulting in a whiter, smoother and brighter tooth appearance. Veneers are especially preferred for crooked, spaced, small or very yellow teeth. At the same time, it can provide a more aesthetic appearance in cases such as cracks and fractures in the teeth.

It should also be noted that it is a procedure performed with only extremely minor intervention in the dental tissue. Therefore, it is possible to preserve the tooth structure and the application of porcelain veneers displays a very natural appearance thanks to its light transmittance. The fact that they do not change color is one of the most important features of this application.

Does Hollywood Smile Hurt?

Depending on needs, the treatment may include some invasive procedures. If applications such as implants are needed, anesthesia is applied before the procedure to prevent the patient from feeling pain.



How Long Does It Take to Perform Hollywood Smile?

Of course, the time required for Hollywood smile design is not the same for every patient. This is because the necessary procedures vary from person to person. If the patient has problems such as gum disease or tooth decay, these will need to be treated first. In this case, the time required will be longer.

Performing the implant procedure also means that the total time is longer. Which method will be preferred for veneering the teeth and the number of teeth to be veneered are among the factors that affect the duration. However, to give a general idea, we can say that the total duration can vary between 5 days and 15 days.

What Is the Price for Hollywood Smile?

One of the frequently wondered topics is Hollywood smile prices. However, as can be expected, the same price for this smile design is not valid for every patient. The reason is that the procedures applied to patients to achieve an aesthetic and beautiful smile may vary.

For example, a patient who requires an implant treatment and a patient who does not require it will need to allocate a different budget for the treatment. It should also be noted that different factors such as the dentist's experience and the materials used during the procedure also affect the prices. For this reason, it would be better to first make an appointment and be examined, and then request price information.



HOLLYWOOD SMILE

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Starting from

3999€



E-Max vs. Zirconia: What's the Difference?

In today's field of dentistry, there is a wide range of dental crown materials available, all of which are of high strength, and tooth-colored, meaning they match the natural color of teeth.

Zirconia crowns and E-max, are the most highly regarded types of dental crowns. Both choices are completely biocompatible, meaning they won't cause any allergies or undesirable side effects. Not only are they both aesthetically pleasing, but they also offer durability.

What Are Emax Crowns?



E-max crowns are a type of dental crown made from lithium disilicate, a glass-ceramic material composed of elements such as lithium dioxide, alumina, quartz, potassium oxide, and phosphorus oxide.

The biggest benefit of the E-Max is its appearance. E-Max is generally the best option in terms of aesthetics. They are also less prone to breakage than other options, do not cause allergies and last a long time. These benefits and appearance make them a great option for front teeth, which are the most visible.

What Are Zirconia Crowns?

Zirconia crowns are dental crowns made from zirconium oxide, a ceramic oxide known for its strength and biocompatibility.

Zirconia crowns are considered one of the most durable options for tooth-colored restorations in cosmetic dentistry. Zirconia crowns are suitable for patients with strong bites, and those who grind their teeth. Due to their opaque appearance, zirconia crowns are less natural-looking compared to E-max crowns. Consequently, zirconia crowns are preferred for the posterior teeth, such as molars and premolars.



The Advantages Of Emax Crown

Strength: Lithium disilicate crowns have a monolithic structure and a strength of 380-500 MPa.

Functionality: Lithium disilicate crowns fully restore the functionality of the teeth, particularly in the chewing zones. They are especially prominent in anterior teeth areas.

Aesthetics: E-Max crowns are visually indistinguishable from natural teeth and do not have an opaque frame.

Comfort: E-Max crowns are made with high precision, ensuring an anatomical shape that provides a correct bite, excellent closure, and a comfortable chewing experience.

Safety: Lithium disilicate is biocompatible, meaning it does not cause allergies or irritation. The material is well-tolerated by patients.

Durability: With proper care, lithium disilicate crowns can serve for more than 15 years, preserving their original properties and appearance.

Which Is Better?

Both E-max and zirconia crowns can be used to fix broken or damaged teeth, severe tooth decay, missing teeth, discolored teeth, and misaligned teeth. The notable difference between the two is that E-max coatings are more transparent. Patients who want to replace their front teeth to restore their smile can choose these. Although E-max veneers are translucent, they can be produced to provide strength in place of molars in the back of the mouth.

Choosing between E-max and zirconia for dental crowns can be difficult. Both materials offer excellent, long-lasting results. It is recommended that you consult a dentist to determine the most suitable material for your dental veneer treatment.

The Advantages Of Zirconia Crown

Strength: Zirconia crowns have a monolithic structure and have high strength, ranging from 800 to 1200 MPa.

Functionality: Zirconia crowns fully restore the functionality of the teeth across all zones of the mouth.

Aesthetics: Layered zirconia restorations are an excellent choice for achieving both optimal aesthetics and strength.

Comfort: Zirconia crowns are made with high precision, ensuring an anatomical shape that promotes proper bite, comfortable closure, and ease of chewing.

Safety: Zirconia is biocompatible, does not oxidize, and doesn't cause allergies, or irritation. The material is suitable for all patients.

Durability: With appropriate maintenance, zirconia crowns can serve for more than 15 years, keeping their original properties and appearance.

DENTAL IMPLANTS

What is a Dental Implant and Why People Need It?

Dental implants are an artificial dental root made of titanium, used in cases of tooth or teeth loss. Bone implanted titanium implants were designed, manufactured, and first applied to patients by the Swedish Professor Dr. Branemark in 1952.

The dental implant is surgically placed in the jaw bone to hold a bridge, crown, or even a complete denture, replacing the root of the lost tooth.

It is completely compatible with the tissues of the human body and has the ability to integrate into the surrounding bones, essentially becoming part of them which is the key factor that ensures the longevity of the result.

Is Implant Treatment Safe and Long-Lasting?

There is no such thing as an expiration date for implants. When perfect oral hygiene is maintained, you can use the implants with peace of mind for many years.



What Are the Advantages of Implant Application?

The biggest advantage of implant is to provide aesthetic and functional use of toothless areas without damaging the existing teeth. On the other hand, it is possible to provide support for removable prostheses with implant application and to improve the chewing and speaking functions.

Does Implant Brand Matter?

When it comes to implant treatments, the implant brand can have a major impact on the success of the treatment. Poor-quality implants can fall out within 5 to 10 years, causing the patient to go through the difficult and risky treatment process again.

Is the Age Factor Important for Dental Implants?

Implant application can be performed on all individuals who have completed their growth and development. There is no upper age limit. It is applied to all healthy individuals.



starting from **799 €**

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ALL-ON-4 DENTAL IMPLANTS

Many things are affected when there are multiple missing teeth; not only difficulties of chewing and eating properly are seen, but the entire facial shape changes and an appearance much older shows up and the ability of speech will also be affected. Whether you get all-on-4 or all-on-6 dental implants, the procedure will be the same: four or six implants will be placed in the jawbone. Implants will serve the mission as roots for new teeth, which will be fixed three months later.

What Does All-on-4 Treatment Involve?

The procedure of all-on-4 treatment involves the placement of the implants and new teeth and if necessary, extracting any teeth. After three months pass from installation of the implants, the permanent set of teeth will be fixed on them.

What Are the Advantages of All-on-Four Implants Treatment?

- Ultimate comfort and confidence

This type of procedure can provide comfort for you as the implants are customized to your mouth. You are able to get stability and release from stress.

- Better bones

With all-on-4 implants the jawbone gets stronger and it helps to build it up.

- Easier care and better hygiene

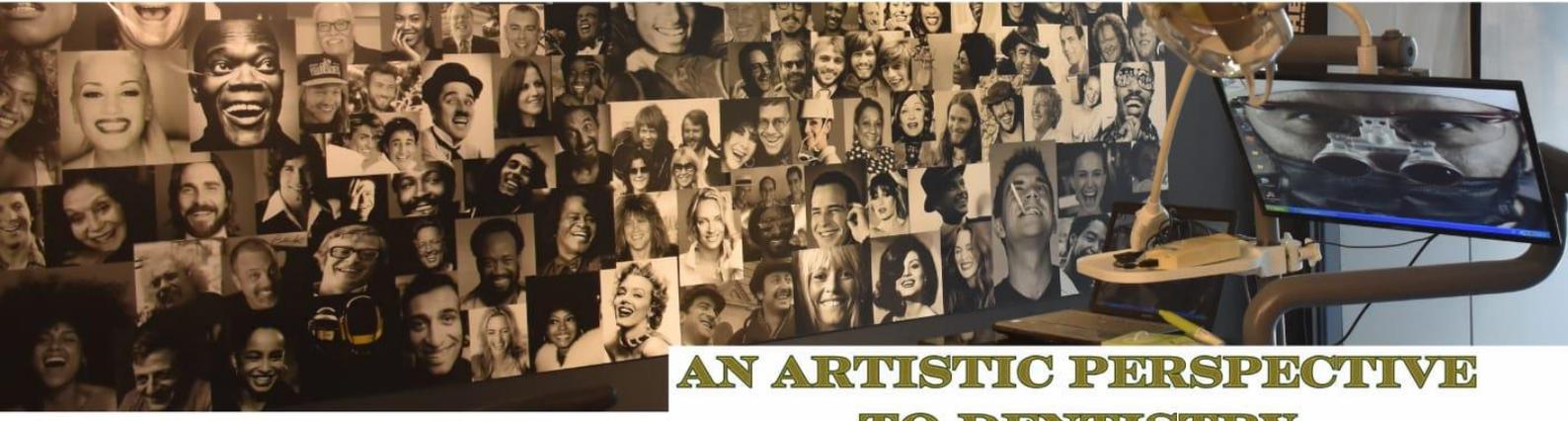
The habits needed to take care of all-on-4 implants, are very normal daily care things, such as brushing, flossing, having regular check-ups at the dentist, and using oral rinses. This procedure will help to save time, struggle, and money for sure.

Does All-on-4 Treatment Hurt?

Before the application of the implants, the local anesthesia is applied to prevent the patient from feeling pain.



ALL-ON-4 IMPLANTS
Christmas special!
Starting from
7699€



AN ARTISTIC PERSPECTIVE TO DENTISTRY

TAMER ÇAKAR, DDM



Dr. Tamer Çakar graduated from Ege University Faculty of Dentistry in 2005. Since then, he has been exhibiting his skills in dentistry at his clinic in Nişantaşı, Istanbul.

His personal interest in art, music, nature, history and philosophy guide him to reinforce his contemporary vision.



Dr. Tamer Çakar, is as successful in human relations as he is in his work. He approaches each of his patients with enthusiasm and friendliness, and he wins the hearts of each and every one of them.

Dr. Tamer Çakar reveals his artistic side in all his works, but we see it the most in the ActGrillz brand he founded in 2016. With this step, he became the only dentist in Europe who makes Grillz and own his jewellery workshop. He uses all precious and natural stones such as diamonds, emeralds, rubies, sapphires, pearls, etc. in his works.



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20 E-Max Crowns
6 Nights 5* Hotel Accomodation
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HOLLYWOOD SMILE + GOLD GRILLZ

19 E-Max Crowns
18 Carats White Gold Crown
6 Nights 5* Hotel Accomodation
VIP Airport Pick-Up

9.999€



ALL-ON-4 DENTAL IMPLANTS

Complete Hybrid Titanium Denture
Supported by 4 Straumann Implants
14 Nights 5* Hotel Accomodation
VIP Airport Pick-Up

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